

PRIDE OF LIONS

District 105A News, Issue 3
September 2022

CHILDHOOD CANCER AWARENESS MONTH

September is Childhood Cancer Month. If your club has done something for this month, please send in your article to be featured in the next issue. Our contact details can be found at the bottom of page 9.

Remembering Queen Elizabeth II: 1952 - 2022



"I declare before you all that my whole life whether it be long or short shall be devoted to your service." More on page 9.



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DG KAVALJIT DEV

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NOTICE BOARD



Welcome to the team

Below are the names of the newest additions to our family of Lions. Congratulations to: Akshay Souky (Letchworth Garden City & Baldock Lions Club), Bela Chauhan (London Seven Kings Lions Club), Jugdiph Singh (Fairlop Lions Club), Sonia Lard (Fairlop Lions Club), Radhika Verma (Hatch End Lions Centennia Lions Club), Natalia Moldovan (Friern Barnet Centennial Lions Club).

Always to bear in mind my obligations as a citizen to my nation, my state, and my community, and to give them my unswerving loyalty in word, act, and deed. To give them freely of my time, labor and means.

– One of the Lions Code of Ethics

District Governor's diary for October 2022

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| 01/10/2022 October – Zone Chairs Briefing – On-line | 13/10/2022 – New Voices Fireside Chat |
| 01/10/2022 – “How to attract New members ”- Leadership Webinar | 15/10/2022 – Bletchley Milton Keynes Lions Club’s Charter |
| 03/10/2022 – Ampthill Lions Club | 16/10/2022 – Ealing Lions Club’s Tree plantation presentation |
| 04/10/2022 – Letchworth Garden City and Baldock Lions Club | 18/10/2022 – 2nd VDG Candidate introductions |
| 07/10/2022 – Hemel Hempstead Lions Club’s Charter | 19/10/2022 – MK Stony Stratford Lions Club |
| 09/10/2022 – Cabinet Meeting | 21/10/2022 to 23/10/2022 – MD Council Meeting |
| 11/10/2022 – Hornsey Lions Club | 25/10/2022 – Zone K meeting |
| 12/10/2022 – Bicester Lions Club | |

New Voices success story of the month

Welcome to Hatch End Lions Club - Radhika Verma was inducted 15 September 2022 at Hatch End Centennial Club by DG Kaval Dev. Her reason for wanting to become a Lion was to give something back to the community, whilst having a sense of belonging to an organisation that served those in need, and have fun doing it. It was important for her to become a volunteer where there was a camaraderie and working with others towards a common purpose. She learnt about Lionism when when she attended a social event a few years ago. Hatch End Lions Club it based at a convenient location for her to participate. She believes that she brings her organisational strengths and networking skills to the team along with her passion and energy to support the service activities that the Club is engaged in.



Save the date

The District 105A Convention 2022-23 will be taking place on 3 - 5 March 2023. DG Kavaljit invites you all to join the Convention at the Holiday Inn in Stevenage. Full details can be found in the image below.

Lion Kavaljit Dev
invites you all to our

DISTRICT 105 A CONVENTION 2022-23

Save the dates
3rd - 5th March 2023

Highlights:
3rd March - Dinner & ABBA Tribute Band
4th March - Business Day *Evening*: Gala Dinner & Entertainment
5th March: Meet the International Guests
 (Further information and booking details to follow)

Venue: **Holiday Inn, St. George's Way, Stevenage SGI 2HS**

Diabetes Vision Hunger Environment Childhood Cancer Youth Humanitarian Efforts Disaster

Childhood Cancer Awareness Month

by Lion Surjit K. Chodda, Fairlop Lions Club

Fairlop Lions Club were pleased to make a donation to Lennox Children's Cancer Fund in our September meeting. They donated the amount of £1040 to Lead Community Fundraiser Lisa Green. The monies will provide two local children suffering with cancer and their families a break on the South Coast. Respite is something that has always been close to the charity's heart – especially now with the cost of living situation, these breaks have taken on even more significance.

Joe Cavanagh, the Trust & Foundation Officer from Lennox Children's Cancer Fund said: "Respite can mean so much to families, from offering an escape from what life is throwing at them, being able to reconnect together, and – from the evidence that I have witnessed – it is also a physical and mental tonic that lifts both broken bodies and broken minds. Sadly, in some cases it is about creating everlasting memories when a child is having palliative treatment. Thanks to Fairlop Lions Club, two more families will benefit from this vital service."



‘The unsung heroes’: Seven Kings Lions Club (CIO) Creates food hubs

by Lion Bal Jheeta, Seven Kings Lions Club (CIO)

Seven Kings Lions Club is a relatively small club consisting of only seven members in the heart of East London. However, the seven members are a shining example of teamwork and practising Lionism. The unity within their club is inspiring, whereby they have achieved so much to help within their local community. During the pandemic, members of the club tirelessly distributed large quantities of beverages, ready meals etc. and took advantage throughout the pandemic to feed the needy. As well as supporting individuals, they also catered for local hospitals as well as local and regional charities by providing meals. Over time, they cooked and distributed five tonnes of rice and other food products contributing hugely towards the hunger project. In monetary value, these quantities in excess of approximately over £75,000.

This has progressed immensely. The need for food continued which led to the setting up of a food hub charity called 3Food4U by Kalpesh Kapasiawala and supported by Past President Lion Bob Jandoo, who is the trustee. In a short space of time, this has grown to five food hubs for local communities, essentially ‘cashless supermarkets’ that now run on a weekly basis to feed those in need. This has sparked interest across the community where everyone is welcome and the food hub feeds many regular users.

Members of Seven Kings Lions Club have raised funds in excess of £20,000 and collected donations from various sources. A match funding bid was applied for as well as a £10,000 grant from the lottery funding, and a further £7,500 from local corporate businesses.

3Food4U have signed up with their Tesco supermarkets and other national food providers, where members of the club collect van loads of donations every week to stock in their food hubs. Club President Lion Kishor Tailor praised Lion Bob for his tremendous efforts as well as all the other club members dedicating their time to ensure the food hubs are a continued success. At a recent business meeting, DG Kavaljit Dev visited the club and shared her gratitude for their service and congratulated them on their achievements.



Just Walk

by Lion Sonya Singh, London Central Host Lions Club

Raising funds through a charity walk serves multiple purposes on an organisational level as well as a personal level. The Just Walk event was launched with a mission to raise funds in collaboration with Lions Clubs alike and helping smaller charities to raise funds through this platform. This allows walkers to choose their purpose of walk and help their desired charity without having to host and manage the walk.

On 31 July, the first Just Walk event was organised by London Central Host Lions Club at Alexandra Gardens, Windsor. The event was planned and executed under the supervision of IPP Ashok Bhardwaj. There were 147 walkers that took part, including members from Enfield Lions Club, St Johns Wood Lions Club, Stanmore Lions Club, Uxbridge Lions Club and several other charities sponsored by corporate entities. The event was also attended by several Past District Governors. Walkers were served with healthy snacks and water, and there was also a first aid facility available on site.

"Just Walk gave us a fantastic platform to raise funds for our club and chosen charities. We had given ourselves a challenge to raise £5,000 and are chasing our clients, our families, colleagues and contacts to get us to that target." – Aman Singh from St Johns Wood Lions Club

"Knowing your experience of organising outdoor events – we had 17 walkers and you did not disappoint us – excellent river walk followed by brilliant hospitality. We are looking forward to next year." – Afzal Rai Enfield Lions Club.

The feedback we received has encouraged us to continue with this event for the benefit of all clubs and charities. Next year's Just Walk will be held on 17 September at the same venue and it will be bigger and better.



DG Kavaljit presents membership pack to new Ealing Lion

by Lion Pervinder Singh Panesar, Ealing Lions Club

Ealing Lions and Ladies held a lunch time social get together on Sunday 14 August at Breakspear Arms in Uxbridge. This event was also attended by DG Kavaljit Dev and Lion Paramjit. At this gathering, DG Kavaljit presented the new member, Lion Mani Bedi, with her Membership pack. DG also honoured the sponsoring Lion, LP Harbhajan Rooprai, and Lion Mani with her DG Pin.

With the utmost pride, DG Kavaljit exchanged banners with Ealing Lions Club's president Lion Harbhajan Rooprai. This was followed by a delicious lunch and ended with a bit of sing song, making it an enjoyable afternoon.





Out and about with DG Kav

Find out what our DG has been up to recently

September has been a month like no other. Our longest serving monarch Queen Elizabeth II passed away, and with a heavy heart the world bid her goodbye in a ceremony carried out with traditions and pageantry that none of us will forget.

It has also been a busy month for the clubs in our District. For many of our Hindu members, this month is for remembering their ancestors in prayers and I congratulate the clubs that hold events to commemorate this occasion. September is also Childhood Cancer Awareness month and clubs have held events to raise money for this cause.

Pammy and I joined London St. John's Wood Lions Club's fundraising event where they presented a cheque of £3000 to LCIF in aid of Childhood Cancer. Many clubs have also organised events in aid of Macmillan Cancer Support and Cancer Research. We were able to attend three such events held by the Heston Lions Club, London Hendon Lions Club plus Wanstead and Woodford Lions Club.



I was honoured to induct new members at Letchworth Garden City and Baldock and Hatch End Centennial Lions Clubs. I felt privileged to conduct this special ceremony.

I would also like to announce that the membership pack will now include a "New Lions Passport." This is an initiative that asks the new member to find some key information of their club with the support of their sponsor as well as encouraging them to attend other District events to meet other members. Copies of both these documents are available in the Members area on our [District website](#). Printed copies can be obtained from our GMT officer [Lion Rajni Sheth](#).



Luton Lions Club celebrated their Charter Golden anniversary. Lions Jane Codrai, Sue Hedges and Mary Hopkins were recognised for their dedication to humanitarian service and it was my pleasure to present them with the Melvin Jones Fellowship plaque. We also joined Waltham Forest Lions Club's 6th Charter celebrations, where they also raised funds for the floods in Pakistan.



Many of our club members will be celebrating religious events in October – have a fantastic time and enjoy the time with your families and friends.



District 105A Lions



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Do you have a story that you would like to share in the next issue of Pride of Lions? Please submit your article to: pol@lions105a.org.uk