

PRIDE OF LIONS

District 105A News, Issue 5
November 2022

THE DISTRICT PEACE POSTER COMPETITION

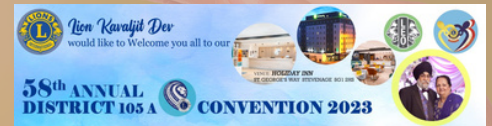
The winners of our annual Peace Poster Competition have been chosen by the judging panel. If you wish to take a look at the wonderful entries, see page 6.

Diabetes Awareness Month



November is Diabetes Awareness Month. If your club has done something for this month, please send in your article to be featured in the next issue. You can find our contact details at the bottom of page 11.

District 105A Convention



The District 105A Convention will be taking place from 3 to 5 March 2023. To find out more about this event, visit page 5.

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DG KAVALJIT DEV

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NOTICE BOARD



Welcome to the team

Below are the names of the newest additions to our family of Lions. Congratulations to: Helen Harman (Banbury Lions Club), Hagir Ahmed (London Central Host Lions Club), Sandeep Mishra (London Central Host Lions Club), Shafiq Parwaz (London Central Host Lions Club), Girish Shah (London Kingsbury Lions Club), Vyomesh Gadhia (Redbridge Centennial Lions Club) and Jim Haran (Redbridge Centennial Lions Club).

District Governor's diary for December 2022

03/12/22 – Online Zone Chairs Briefing;
Social Media Webinar

03/12/22 – Collection with Santa in
Letchworth Garden City Town Centre

04/12/22 – Ealing Lions Club

05/11/22 – Mill Hill Lions Club

06/12/22 – Luton Lions Club

07/12/22 – ROAR final

07/12/22 – Bingo service activity with
LGC and Baldock Lions

08/12/22 – Osterley Lions Club

09/12/22 – Visit to London Community
Kitchen

09/12/22 – Accompanying children to
Panto with Fairlop Lions Club

10/12/22 – Collection with Santa in
Letchworth Garden City Town Centre

10/12/22 – Heston Lions Club Dinner and
Dance

11/12/22 – London Central Host Lions
Club Christmas Celebration

13/12/22 – Masons Christmas Carol
service and Dinner

14/12/22 December – London St. Johns
Wood Lions Club

15/12/22 – New Voices Fireside Chat

16/12/22 – Pub run collection with LGC
and Baldock Lions Club

17/12/22 – Collection at supermarket
with LGC and Baldock Lions Club

19/12/22 – Zone G meeting

20/12/22 – GAT and DG meeting

22/12/22 – Visit to Santa's Grotto with
grandchildren

23/12/22 – Pub run collection with LGC
and Baldock Lions Club

24/12/22 – Family Time

Fundraising for BBC Children in Need

by Banbury Lions Club

In 1990-91, Banbury Lions organised a Discothon which raised £6000 with the help of a local children's entertainer Mr Mayhem of the Bumble-B-Roadshow. We were approached by Bumble-B-Roadshow in 2009 to help raise funds for BBC Children in Need. Since then we have held an annual Pudsey Megaparty every year and upto 2019 raised in excess of £15k. Sadly, in 2020 and 2021 this event was brought to a halt due to Covid. This year we took a risk and Pudsey Megaparty 12 took place at Banbury College and a great time was had by all. As most years the party involved the Bumble-B-Roadshow - Mr Mayhem and his daughter Tamtastic, a dance performance by the Sharon Green Dance Academy students who were accompanied by their parents and all purchased tickets. Plus we had a face painter, and there was a colouring corner, refreshments and a tombola. Not to forget the most important VIP Pudsey Bear. Our efforts over £800 for this worthy charity.



Fireworks

by Winslow Lions Club

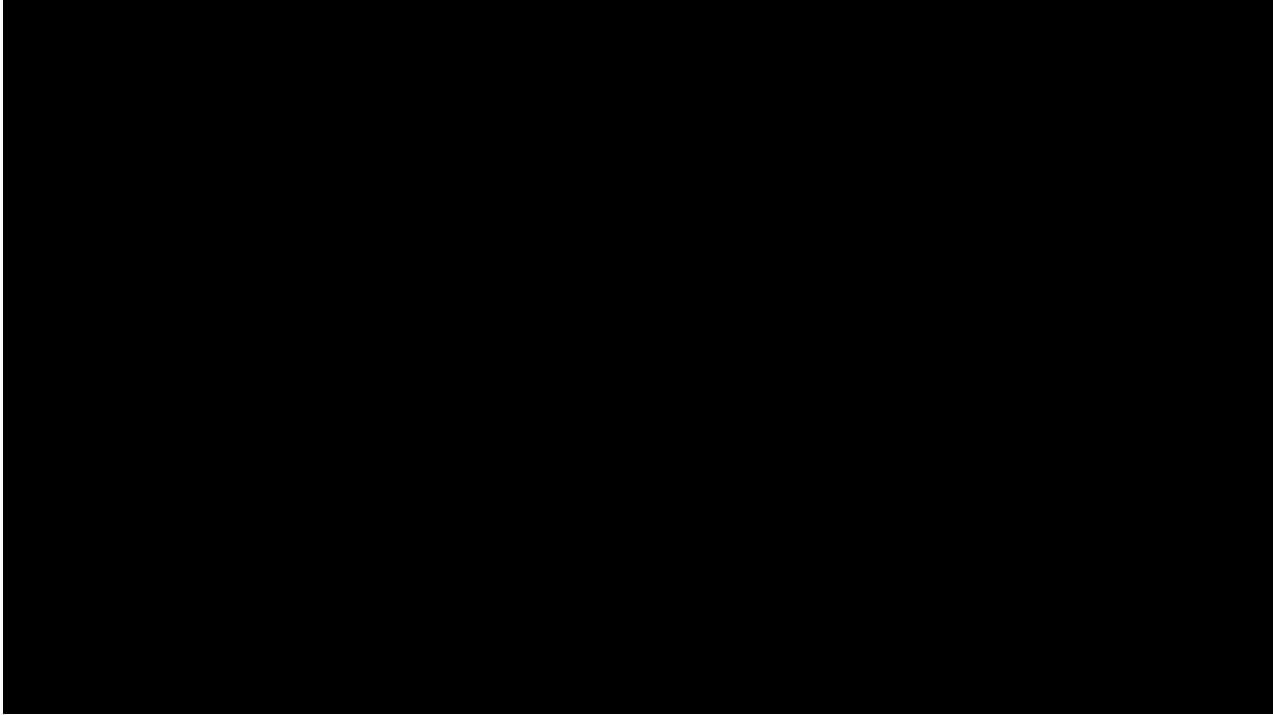
The Winslow Lions Club fireworks display has become a regular feature of the town calendar. After an absence due to the pandemic, the display returned with a big bang in 2021, and this year the event on November 5th was equally well received. As some children are frightened by large fireworks, the evening starts with a small silent display. This was followed by the main display involving large scale pyrotechnics set off by Lions members who have been specially trained to ensure safety.

Our event this year drew the usual large crowd and feedback was very positive with comments around how the event contributes to the community of Winslow. And on top of that, the event generated a very welcome £1,600 to support local charities. Nothing goes to waste so the left-over stall were a welcome contribution to the Winslow Food Bank. We look forward to continuing the success story with the 2023 event.



District 105A Convention 2023

There's still time to book your place at the District 105A Convention. Details of the booking facilities are on our [District website](#). Watch the video below for full details. If you're reading the Pride of Lions in a PDF format, you can watch this video online on the [District YouTube channel](#) very soon.



Frozen

Thirty children from Dormers Wells Infant and Junior school and Oak Farm School for Special Needs were accompanied by seven adults to Royal Theatre to see Frozen on Saturday 27 November 2022. They found it to be an amazing experience as they had never been to any theatre. To the extent they asked the teacher "Miss, what are we allowed to do and what are we not allowed to do?" She then had to explain to them that what would be best to eat their snacks during the break so that they don't disturb others and to not talk to friends during the show. The children and parents were delighted and felt privileged to be treated to this special event by Lions Club of Heston. Several of them said: "I have had a wonderful time. It was amazing and I will never forget." Another child told her friends: "Oh my, you had to see Elsa's beautiful dress."



The District Peace Poster Competition

On 19 November, our District Officer Lara Stroebel-Harding organised the Peace Poster judging. This year we received 10 entries, and the judging panel selected the top three District winners. Here they are:



Here are the other amazing entries:



Phuket Pearl Lions Club – Sister Club of Fairlop Lions Club (CIO)

by Lion Surjit K. Chodda, Fairlop Lions Club (CIO)

Lion President (LP) Brijesh Chauhan of Fairlop Lions Club (CIO) recently attended the joint celebration of Board of Directors 2022-2023 in Phuket, Thailand. The event took place on 5 November with attendance by several Lions Clubs, Dignitaries, and Thailand's 310B District Governor (DG) Piroge Suvanjinda. Photos have been shared and the ceremony was conducted with such pageantry.

Phuket Pearl Lions Club has been our sister club since 2014. LP Brijesh initiated this association with them, and we work jointly with the Sight First programme with their partner Vision Institute. At Vision Institute, they screen school age children's eyesight to identify any optical problems. Fairlop Lions Club collects spectacles for the MD105 Lions Clubs International project and donate the children's spectacles to Thailand. LP Brijesh personally attends every year to donate them. This year we were able to donate a suitcase full of children's spectacles, which LP Onphilat Oines very gratefully received and acknowledged.

LP Brijesh also attended Phuket Pearl Lions Club's monthly meeting on 16 November in Phuket. Here our sister club installed three new members. It's excellent to see that the club is growing.



Youth to the fore

by *Lion Doreen Allen*

Stony Stratford Lions Club continued with their focus on youth by answering a plea for funding for a new Squirrels Drey Pack. Squirrels is a new section in scouting for boys and girls aged four to six years. The club donated £200 towards the resources needed to open the first Squirrels pack in Milton Keynes. The excited youngsters join active Beavers, Cubs and Scouts who meet weekly at the Scout Hall, Furze Way, in Wolverton. The first Wolverton Scout Group, formed in 1908. are one of the oldest Groups in the UK. LP Doreen attended their October meeting and was able to see 10 Squirrels invested, make their Scout promise and receive their Squirrel scarf and pack flag. Also attending was the Mayor of Wolverton Cllr Adrian Moss and Scouting District Commissioner Stuart Bailey.



MD Convention 2023

The MD Convention 2023 will be taking place in Newcastle on Friday 5 to Sunday 7 May, at the former Marriott - Grand Hotel Gosforth Park (High Gosforth Park, Newcastle, NE3 5HN). The room rate is a brilliant £60 for B&B single occupancy and £70 for a B&B double occupancy. It'll cost £20 extra to upgrade to superior rooms. To make a reservation, please either email groups760@theelitevenueselection.co.uk with your details and they will call you or call 01912 364 111. If you choose the latter, the hotel sales team are available Monday to Friday 9am to 5.30pm.

Diabetes awareness

by *Redbridge Centennial Lions Club (CIO)*

Redbridge Centennial Lions Club (CIO) set up a gazebo in Ilford High Road to distribute information leaflets related to Diabetes Awareness. The club also distributed leaflets related to Brain Tumour Research. The team of 10 members was led by LP Dr Ranjan Adur along with Immediate Past President (IPP) Lion Anant Patel, Past President (PP) Lion Harvinder Virdee, and PP Lion Narinder Mann.



How to attract new members

by PCC Lion Viresh Paul

In this article, I will explore and suggest some ideas for attracting new members so that you can ask them to join your club.

As a starter, why not host a “bring a friend” meeting. Start thinking of all the people you know who may want to join your club, then invite them to this meeting. In fact, I would propose that you hold a special event, a special guest day, and ask every member of your club to invite at least one person they know to hear about your club. Whilst you're at it, why not invite members who have left the club. You could also put together a guest information pack that highlights the service activities undertaken that you can handover at the end of the meeting to those who attend. So, what format should this open evening be? You could make it a wine and cheese reception, and if you're a dining club you could organise a special dinner meeting. You could also organise this special meeting at a low commitment venue like a coffee shop.

The best advertisement for your club is your club members. They should be encouraged to wear their Lions pin at all times. That way, when someone asks you about the pin, you can take that opportunity to talk about your club. Also, you could give your club members business cards so they can hand them out to friends and acquaintances. Another good idea I came across recently was to produce a promotional video. Using a smart phone, anyone can produce a video. Just ask your members to speak to the camera and talk about the joy of belonging to a Lions club and how they're making a difference. Once you've got your video, you could upload that into a WhatsApp group and share that with the prospective members.

If you are struggling to attract new members, you could attempt to organise your meeting at a different time. Not everyone can make it to an evening meeting, so perhaps you could have a meeting at lunchtime via Zoom.

In these trying times, consider offering a three-month trial membership to those who are undecided to commit to Lions. That will give them the opportunity to take part in your activities without having to pay any dues - they can participate as a friend of the club.

There are so many ways of attracting members to your club. Just try the ones I've suggested and I'm sure you will come up with a host of other ideas. Just keep trying.



It's time to party!

*Lions of District 105A invite you to
our 21st Senior Citizens Celebration*

The event will be taking place on:
Sunday 26 February 2023, 2pm to 5pm

Harrow Leisure Centre, Byron Hall,
Christchurch Avenue, Harrow HA3 5BD

Tickets are £10 a head. Please email
scc@lions105a.org or call Parveen at
07956630106 for further details and to book





Out and about with DG Kav

Find out what our DG has been up to recently

"November's sky is chill and drear; November's leaf is red and sear" – Sir Walter Scott

Our Clubs took part in Remembrance Day services and laid down poppy wreaths at their local war memorials. It was a privilege to accompany the President of Letchworth Garden City and Baldock Lions to remember the service and sacrifice of those that defended our freedom and protected our way of life.



Also, clubs participated and ran community firework displays. I helped to man the gates.

This month, I attended business meetings held by the Lions Clubs of London Kingsbury, Ruislip, Barking, Southall, and London Central Host. It is always a great experience to hear the variety of service activities carried out by the Clubs. It was my pleasure to present long service chevrons to members of Ruislip Lions Club and induct three new members into the Lions Club of Central Host Family.



Congratulations to Tring Lions Club on their 50th Charter with the added opportunity to honour Lions Ruth and Mike Adams. They were recognised for outstanding community service and given Melvin Jones awards. Pammy and I also attended Lions of Enfield Lions Club's 48th Charter celebrations.



The District Youth Party will be held on 27 November and a big thank you to Clubs for supporting PDG Lion Vijay to make this happen after Covid.

District Global Leadership Officer, PCC Lion Viresh facilitates monthly training sessions. In November he organised a "Health and Wellbeing Summit" with medical experts covering heart attacks, diabetes, breast cancer, prostate cancer and mental health. I recommend that you view this session and others on the District website.

December is a very busy month for Clubs with many fundraising and social events. It is a magical time of the year and as Lions we will bring smiles to many children. Please have a great time, fun and fruitful fundraising.