

# PRIDE OF LIONS

District 105A News, Issue 8  
February 2023

## **NEW MEMBER VOICES**

We have a new segment in this issue where we ask new members of the Lions family how their journey has been so far. You can read these stories on page 6.



DG KAVALJIT DEV

## **IN THIS ISSUE**

LIFE AND TIMES OF AN EX  
DISTRICT GOVERNOR

INCREASING MEMBERSHIP

NEW MEMBER VOICES

AND MORE

# TABLE OF CONTENTS



*Passion to Make a Difference*

**3**

NOTICE BOARD

**4**

LIFE AND TIMES OF AN EX DISTRICT GOVERNOR

**4**

A NEW CLUB

**5**

MEET MAISIE

**5**

FOOD DONATIONS

**5**

INCREASING MEMBERSHIP

**6**

NEW MEMBER VOICES

**8**

CHECK IN WITH YOUR HEALTH

**8**

IT'S ALL FUN AND GAMES

**9**

OUT AND ABOUT WITH DG KAV

**10**

NEW MEMBERS

# NOTICE BOARD



## Welcome to the team

Congratulations and welcome to the newest additions to our family of Lions. Visit page 10 to see who they are.

### District Governor's diary for March 2023

**01/03** – Wembley Lions Club

**03/03-05/03** – District 105A Convention

**07/03** – Letchworth GC and Baldock

**08/03** – Golders Green Lions Club

**09/03** – Tree planting in Bagshot Park  
(Residence of Prince Edward and the  
Countess of Wessex)

**11/03** – Zone I Swimming gala

**12/03** – Sudbury Lions Club Holi Night

**13/03** – Witney Lions Club

**14/03** – Bedford Lions Club

**16/03** – Hatch End Centennial Lions  
Club

**18/03** – Enfield Lions Club Gala Night

**20/03** – Governors' meeting

**21/03** – Hemel Hempstead Lions Club

**22/03** – GAT meeting

**24/03-25/03** – District SW Convention

**26/03** – Harpenden Lions Club Charter

**31/03-02/04** – District CW Convention

*To seek success and to demand all fair  
remuneration or profit as my just due, but to  
accept no profit or success at the price of my own  
self-respect lost because of unfair advantage taken  
or because of questionable acts on my part.*

– One of the Lions Code of Ethics

## Life and times of an ex District Governor

Past District Governor Abhnash Bains has continued to work on humanitarian causes. This was recognised by her receiving several Lion awards, including the Membership Advancement Key and the Melvin Jones Fellowship. She strongly believes that if individuals pledge to make a positive change in the community, it will become a better place for everyone to flourish and thrive. Her association with many charity projects and social work resulted in her being a recipient of an Honorary Doctorate in December 2022. In addition, she was given a Certificate of Appreciation at UK's Largest Diversity Awards for the Lifetime Achiever Award. Her current focus is working with families with autistic children.



## A new club

*by Redbridge Centennial Lions Club Branch*

Redbridge Centennial Lions Club Branch members were inducted and officers installed by DG Kavaljit on 11 February. Club Branch has been formed from our family, friends and spouse circle. This has increased our service capacity enormously. Redbridge Aria Lions Club Branch will be meeting and carrying out service projects on their own and jointly with Redbridge Centennial Lions Club. Club Branch have already completed two service projects, raised funds and are looking to carry out more service.



## Meet Maisie

by Biggleswade Sandy Lions Club

This is Maisie the piebald mare purchased in 2018 by ourselves and Bedford Lions for the Bedford Disabled Horse Riding Association ([www.bdhra.co.uk](http://www.bdhra.co.uk)). There is an ongoing debate as to which end we actually own! We continue to support Maisie by covering the cost of her feed and general upkeep thanks to your donations.



## Food donations

by Heston Lions Club

We received a call from Amelia, the Lidl store manager, one evening - they had a pallet and a half of chocolates etc. to donate but they had to be picked up immediately. We called our Hendon Lions Club member Jayesh and good as gold he came immediately to help. We now have another volunteer for our service activities - Amelia was amazed with what the Lions do and will be volunteering with us.



## Increasing membership

by Hemel Hempstead Lions Club

Lion President Barbara and Lion Terry visited the Chilterns MS Therapy Centre on 13 February along with Lions Lorraine and Barry to present a cheque for £500 on behalf of the club to Hannah the Community Events Manager.



## New member voices

It has been a great Lionism journey for me so far. I am pleased to see how many positive service-minded people are happy to help humanity and serve the community with good ethics and integrity, without the expectation of any personal financial rewards. I honestly didn't think this could even happen, so this has been an eye opener for me to see so many lions who are willing to give! I am pleased to be a part of a network where no one is selfish.



**Ash Obhrai**

We started our journey with the Wanstead and Woodford Lions Club in October 2022. We have had a fabulous beginning with the Christmas and new Year celebrations dovetailed with the very serious business of the Club plans for the upcoming eye operations in India. We also met the lovely Club members who are quickly becoming very close and part of our wider family. We're looking forward to being a part of this club.



**Kilvir and Devinder Bahra**

I came into the UK and settled in Stevenage with my family on 13th April, 2022 with the aim of starting a new life with my family in a new environment and getting to better myself thereby learning new ways of life. Prior to my coming to the UK, I graduated from the Ambrose Alli University, Ekpoma, Edo state in Nigeria in 2005 where I graduated with a Bachelor of Science in Accounting. After leaving university, I secured a job with one of the foremost commercial banks that same



**Olayinka Towoju**

year and built a career in banking and finance, having worked with three other commercial banks before managing one of the largest Microfinance banks. I finally left the banking industry in 2017, to start up my own Co-operative Association, with the aim of teaching business skills and providing funds for micro and small businesses within my locality, thereby empowering women and artisans. My nuclear family in the UK consists of my wife, and son and daughter who are both students at a school in Stevenage. My wife work as a care assistant. I have worked with various charity organizations back home in Nigeria but the most persistent club was the local Lions Club. The president always wanted me to become a member, with that in mind I finally decided to become a member here in the UK. Ever since I joined Letchworth & Baldock club IN 2022, I have been welcomed and supported by every member of the club which make me feel at home and wanting to serve. Unfortunately due to my present work commitments I have not been able to be as active as I would like to be and I am working with my present employer (a Stevenage bakery) to give me more time for Lions. I would really like to find work in the field that I am qualified to do, in the accounting, banking and financial world. Lions Clubs International has always promoted Charitable work for humanity, be it disasters or diseases or famine and poverty, that is something I always wanted to be part of and now that I am in such an environment I feel I am working toward achieving it



*Passion to Make a Difference*

## Check in with your health

On Saturday 18 February Acton Lions Club held an event at the Southall Parkway Gurdwara to raise awareness about wellbeing. Club members arranged for a Punjabi speaking nurse who could communicate with attendees. They focused on ensuring that Asian males gained a better understanding of Bowel and Prostrate Cancer. Highlighting the fact that early diagnosis of these condition increases the chances of survival by 80%. The Lions also set up a stall for the distribution of Message in a Bottle and 150 were handed out.



## It's all fun and games

Here is a new puzzle for you to solve! The answers will be in the March issue of the Pride of Lions.

5			9		8			4
6		4	1	5				2
3			2	4	6			1 8
	5	3	4					6 1
9				6	5			
		6		1	9			5
4		5			1			
1		9	6	8	3	4		
7		8	5	9	4	1		

## Answers

Here are the answers from the soduko puzzle in the January issue of Pride of Lions. Well done if you managed to solve it.

1	7	2	4	9	5	6	8	3
9	4	6	8	7	3	2	1	5
5	8	3	1	2	6	7	4	9
4	3	9	6	1	7	8	5	2
2	5	1	9	4	8	3	7	6
8	6	7	3	5	2	4	9	1
3	9	8	5	6	4	1	2	7
7	1	4	2	3	9	5	6	8
6	2	5	7	8	1	9	3	4





# Out and about with DG Kav

Find out what our DG has been up to recently

Let's hope that the last days of February take a new turn as the spring season arrives.

This month has been filled with celebratory events in our District:

On 11 February, I had the honour and privilege of inducting members and install the officers of a new Club Branch – Redbridge Aria Lions Club.



19 February saw the formation of London Platinum Jubilee Lions Club, sponsored by the Lions Club of Sudbury.



From 17 to 19 February, Pammy and I were in Dudley to see the finals of the Young Ambassador 21st Century finals. Our District finalist, Iman Shakeel Darr who was sponsored by Letchworth Garden City and Baldock Club made us proud as he won the ShipShape Award. He will have the opportunity to experience a voyage on a Tall ship. Hats off to him!



It is with trepidation and excitement that I approach the major highlight in our District. It's our 58th Convention!

My sincere thanks to all the members for working together to bring bigger and better service to our communities locally and word wide.

AMPTHILL DISTRICT	Wendy Brown	London Platinum Jubilee	Purnima Meswani	Redbridge Centennial	Nirmal Sagu
BARKING	HARJINDER KAUR	London Platinum Jubilee	Nitin Patel	Redbridge Centennial	Karpal Virdee
Heston	Shamsa KHAN	London Platinum Jubilee	Pradip Patel	London Platinum Jubilee	Anup Mehta
London Platinum Jubilee	Jayshree Rajkotia	London Platinum Jubilee	Jayshreeben Raval	London Platinum Jubilee	Chandrika Mehta
London Platinum Jubilee	Vijay Rajkotia	London Platinum Jubilee	Bharti Shah	London Platinum Jubilee	Harkishan Mehta
London St Johns Wood	Firoz Kanchwala	London Platinum Jubilee	Ramesh Shah	London Platinum Jubilee	Nanubhai Mehta
NEWPORT PAGNELL & OLNEY L C	Stephen Holman	London Platinum Jubilee	Bhadra Sheth	London Platinum Jubilee	Pratulbala Mehta
Redbridge Centennial	Gulshan Ahuja	London Platinum Jubilee	Padma Sheth	London Platinum Jubilee	Harendra Meswani
Redbridge Centennial	Iqbal Bansal	London Platinum Jubilee	Kokilaben Solani	London Platinum Jubilee	Yashwantrai Mandalia
Redbridge Centennial	Nimmy Nayar	London Platinum Jubilee	Nanalal Solani	London Platinum Jubilee	Pramodini Derodra
SOUTHALL	ANDREWS CONOR	London Platinum Jubilee	Bharat Varia	London Platinum Jubilee	Narendra Dhana
SOUTHALL	GEORGE DHILLON	London Platinum Jubilee	Saroj Varia	London Platinum Jubilee	Pratima Dhana
SOUTHALL	GURMINDER PANESAR	London Platinum Jubilee	Bhupen Vasa	London Platinum Jubilee	Jaswantrai Doshi
SOUTHALL	DEVEN PATEL	London Platinum Jubilee	Nalini Vasa	London Platinum Jubilee	Bina Holden
SOUTHALL	MANDEEP SARAI	Redbridge Centennial	Veena Adur	London Platinum Jubilee	David Holden
London Platinum Jubilee	Kailash Batavia	Redbridge Centennial	Neelam Gupta	London Platinum Jubilee	Hansa Mandalia
London Platinum Jubilee	Kirit Batavia	Redbridge Centennial	Gurminder Kalsi	London Platinum Jubilee	Pragna Mandalia
London Platinum Jubilee	Kalpana Bhatt	Redbridge Centennial	Shiela Patel	London Platinum Jubilee	Surendra Mandalia
London Platinum Jubilee	Jashu Derodra	Redbridge Centennial	Gurdeep Sagoo		

